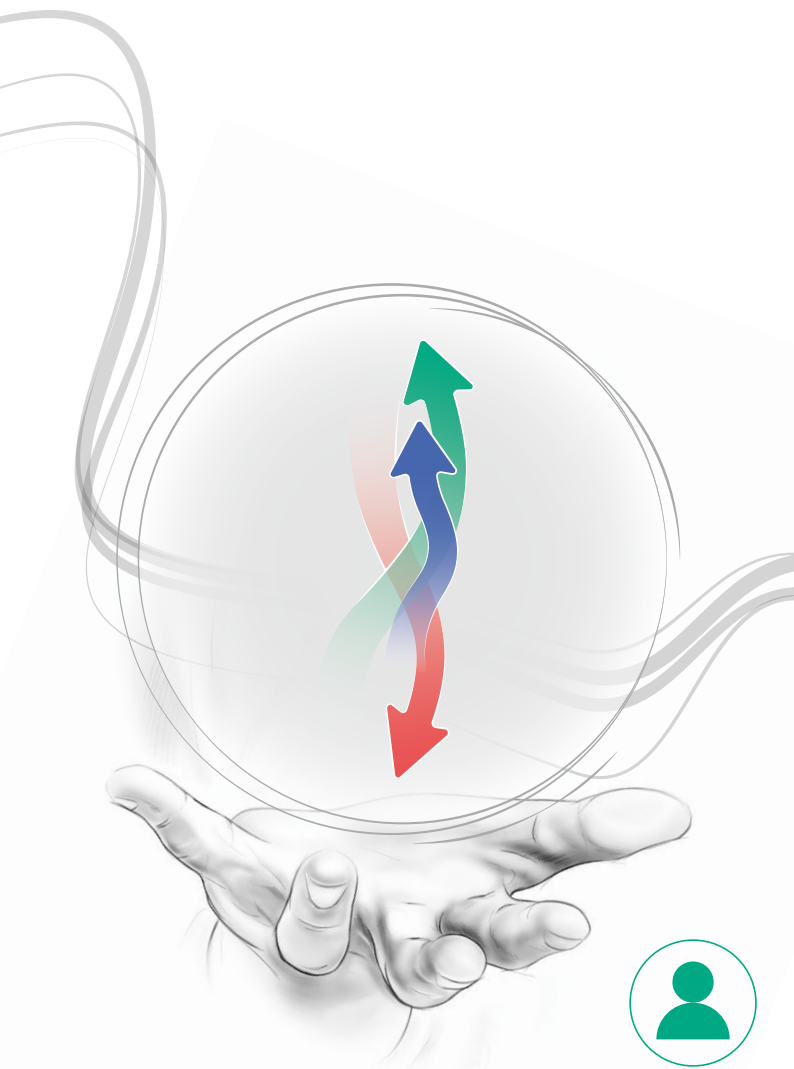


# 2<sup>nd</sup> International Földi Clinic Days Hinterzarten

Lymphology in the Black Forest

May 16<sup>th</sup> – 17<sup>th</sup>, 2025 · Titisee

## Final Programme



in person

# Lymphedema and lipedema syndrome – “Thinking outside the box”

Dear colleagues

Dear friends of lymphology!

After the great success of the 1<sup>st</sup> Foeldiclinic Days, we are delighted to welcome you to the 2<sup>nd</sup> International Foeldiclinic Days in 2025.

Our aim is to make this symposium even more international and diverse. Therefore, on these two days we will not only rely on the knowledge of renowned speakers from Germany, but also internationally recognised experts from Europe, the USA and Australia.

Each speaker will present their knowledge in an engaging and understandable way, always with a clear focus on practical relevance. For the presentations in German, our experienced team of interpreters will ensure that no information is lost – not even during the subsequent Q&A and discussions.

A special highlight on Saturday afternoon is the opportunity to visit the Foeldiclinic, the European Center for Lymphology, as part of a guided tour of the clinic. For all those who would like to deepen their knowledge, we offer practical hands-on, interactive workshops on exciting topics which will also be held bilingually where possible.

An important aspect of the 2<sup>nd</sup> International Foeldiclinic Days is to look beyond the boundaries of our specialist field. We would like to encourage you to question common assumptions and introduce you to unconventional and creative perspectives that will enrich your professional life.

We look forward to welcoming you to the beautiful Black Forest, the cradle of academic lymphology.

With best regards

Yours



Dr. med.  
Tobias Bertsch



Guenter Klose  
CEO Klose-Training

# Programme

## Friday, May 16<sup>th</sup>, 2025

Some of the presentations will be held in German.  
Simultaneous translation will be provided.

**07.30 am** Registration, Welcome Coffee and Visiting the Exhibition

**08.30 am** Welcome and Introduction  
*Dr. med. Tobias Bertsch, Hinterzarten, Germany*  
*Guenter Klose, Lafayette, Colorado, USA*

*Moderation:*  
*Dr. med. Martha Földi, Hinterzarten, Germany*  
*Dr. med. Michael Oberlin, Hinterzarten, Germany*

**08.50 am** Edema Management – Thinking Outside the Box  
*Linda Hodgkins, MS OTR/L CLT-LANA, Wethersfield, USA*

**09.15 am** The Challenge of Male Genital Lymphedema: Be Brave and Treat!  
*Thomas Zähringer, Hinterzarten, Germany*

**09.40 am** Treatment of Female Patients with Genital Lymphedema and Pelvic Floor Dysfunction  
*Shelley DiCecco, PT, PhD, CLT-LANA, CI-CS, Atlanta, Georgia, USA*

**10.05 am** Empowering Lymphedema Care: The Importance of Education, Compression, and Exercise Therapy  
*Prof. Nele Devoogdt, Leuven, Belgium*

**10.30 am** Coffee Break and Visiting the Exhibition

**11.00 am** The Metabolic Code: Why Gaining Weight is so Easy and Losing It so Difficult  
*PD Dr. med. Tim Hollstein, Kiel, Germany*

**11.25 am** Obesity – from Challenge to Action. A Practical Approach for Therapists Treating Patients with Lymphedema and Lipedema-Syndrome  
*Dr. med. Tobias Bertsch, Hinterzarten, Germany*  
*Linda S. Roherty, PT, CLT-LANA, Lafayette, Colorado, USA*

**12.10 pm** Busting the Beauty Myths and other Top Tips for Promoting Psychological Resilience in Your Patients  
*Nichola Rumsey, OBE, PhD, Bristol, UK*

**12.35 pm** Small Stomach, Big Impact: The Impact of Bariatric Surgery on Lymphedema and Lipedema-Syndrome  
*Prof. Dr. med. Goran Marjanovic, Freiburg, Germany*

**01.00 pm** Lunch Break and Visiting the Exhibition

*Moderation:*  
*Gabriele Erbacher, Hinterzarten, Germany*  
*Dr. med. Tobias Bertsch, Hinterzarten, Germany*

**02.00 pm** Edema in Lipedema-Syndrome: Dispelling Myths with Scientific Evidence  
*Dr. Belinda Thompson, PhD, MClinExPhys, BEx&SportSc, Sydney, Australia*

**02.25 pm** Misinformation in Lipedema-Syndrome: From Chaos to Clarity  
*Gabriele Erbacher, Hinterzarten, Germany*  
*Prof. Christine Moffatt, CBE, FRCN, PhD, Nottingham, UK*

**03.15 pm** Can Guidelines be Confusing? A Close Look at the New s2k Lipedema Guidelines  
*Dr. med. Hans-Walter Fiedler, Werl, Germany*

**03.40 pm** Coffee Break and Visiting the Exhibition

**04.00 pm** Stress, Psychological Strain and Pain – What Practitioners Need to Know  
*Annemarieke Fleming, MA, PostMSc, Amsterdam, Netherlands*  
*Plus Roleplay with Gabriele Erbacher, Hinterzarten, Germany*

**04.45 pm** Wounds and Lymphedema – What Lymphedema Therapists and Physicians Should Know (and Do)  
*Priv.-Doz. DDR. med. Dominic Mühlberger, Linz, Austria*

**05.10 pm** Summary and Closing Words  
*Dr. med. Tobias Bertsch, Hinterzarten, Germany*  
*Guenter Klose, Lafayette, Colorado, USA*

**from 07.30 pm** Get-together: Take the Opportunity to Network with Colleagues: We Look Forward to Welcoming You!

## Saturday, May 17<sup>th</sup>, 2025

**08.00 am** Registration, Welcome Coffee and Visiting the Exhibition

**09.00 am** Welcome and Introduction  
*Dr. med. Tobias Bertsch, Hinterzarten, Germany*  
*Guenter Klose, Lafayette, Colorado, USA*

*Moderation:*  
*Linda S. Roherty, PT, CLT-LANA, Lafayette, Colorado, USA*  
*Guenter Klose, Lafayette, Colorado, USA*

**09.10 am** Malformation – More than just Edema  
*Dr. med. Michael Oberlin, Hinterzarten, Germany*

**09.35 am** Personalizing Lymphedema Management: Translating Research into Clinical Practice  
*Assoc. Prof. Louise Koelmeyer, PhD, BAppSc (OT), Sydney, Australia*

**10.00 am** Baroque Silhouette or Serious Illness? How Slim is Normal? Wary Thoughts on Lipedema-Syndrome  
*Dr. med. Jürg Traber, Kreuzlingen, Switzerland*

**10.25 am** Coffee Break and Visiting the Exhibition

**10.40 am** If Compliance is Optional – Failure is an Option  
*John Jordi, PTA, CLT, Lafayette, Colorado, USA*

**11.05 am** Superweapon Lymphatic Surgery: Who is Suitable for It – And Who Isn't?  
*Prof. Dr. med. Christian Taeger, Munich, Germany*

**11.30 am** Summary, Closing Words and Introduction Workshops  
*Dr. med. Tobias Bertsch, Hinterzarten, Germany*  
*Guenter Klose, Lafayette, Colorado, USA*

**11.35 am** Lunch Break and Visiting the Exhibition

**12.30 pm** Transfer to Földi Clinic

**01.00 pm** Földi Clinic Guided Tour

**01.45 pm** **Workshops**  
All workshops are offered twice. You have the opportunity to take part in two different workshops. Except workshop number 10.  
Session 1: 01.45 – 02.45 pm  
Coffee break: 02.45 – 03.15 pm  
Session 2: 03.15 – 04.15 pm  
Details of the respective workshops can be viewed online.  
**juzo.de/foeldiklinik-tage-workshops**

1. Compression Bandaging Simplified  
*John Jordi, PTA, CLT, Lafayette, Colorado, USA*

2. Treatment of Female Patients with Genital Lymphedema and Pelvic Floor Dysfunction  
*Shelley DiCecco, PT, PhD, CLT-LANA, CI-CS, Atlanta, Georgia, USA*

3. Treatment of Upper Quadrant Dysfunction for Patients after BrCA  
*Linda S. Roherty, PT, CLT-LANA, Lafayette, Colorado, USA*

4. Bandaging Strategies for Patients with Obesity-associated Lymphedema  
*Terry McKeon, Lafayette, Colorado, USA*

5. SuryaSoul® – (AccepDANCE) – Unleashing Vitality: The Dynamic and Mindful Integration of Yoga, Tao and Dance for Holistic Health  
*Sabine Zweig, Hamburg, Germany*  
*Philippe Beaufour, Hamburg, Germany*

6. Lymphedema and Leg Ulcer – a Therapeutic Challenge  
*Dr.med.univ. André Glod, Löffingen, Germany*  
*Jarka Hrebecka, Hinterzarten, Germany*  
*Monika Zähringer, Hinterzarten, Germany*

7. Mastering Difficult Conversations with Patients/Clients with Ease, Confidence and a Sense of Humour  
*Gabriele Erbacher, Hinterzarten, Germany*  
*Johanna Emde, Hinterzarten, Germany*

8. Measuring is a Must for Best Practice in Edema Therapy: State of the Art.  
“If You Do Not Measure You Cannot Prove & If You Cannot Prove You Cannot Improve“  
*Joseph Harfouche, PT, MS, PhD, Brussels, Belgium*

9. Conquering Fatigue - A Tool to Help Your Patients Overcome Exhaustion  
*Annemarieke Fleming, MA, PostMSc, Amsterdam, Netherlands*

10. „Walkshop“ – Nordic Walking Guided Tour: Foeldi Clinic to Titisee (90 – 120 minutes)  
*Dagmar Engesser, Hinterzarten, Germany*  
*Nassiem Khemiri, Hinterzarten, Germany*

**04.15 pm** End of Workshops

Video recordings and/or taking photographs of the scientific program and workshops is strictly prohibited. We appreciate your understanding.

## Scientific lead

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79856 Hinterzarten, Germany

**Guenter Klose** Executive Director  
MLD/CDT Certified Instructor  
Klose Training & Consulting, LLC  
Lafayette, Colorado, USA

## Chairs and Speakers

**Prof.**  
**Nele Devoogdt** Coordinator and Physical Therapist of Center for Lymphedema of the University Hospital of Leuven, Belgium

Researcher at Department of Rehabilitation Sciences at KU Leuven – University of Leuven, Belgium

**Shelley DiCecco,**  
**PT, PhD, CLT-LANA,**  
**CI-CS** Owner/Instructor LymphEd, LLC  
Interim Chair/Associate Professor Philadelphia College of Osteopathic Medicine  
President/Certified Instructor Casley-Smith International  
Atlanta, Georgia, USA

**Gabriele Erbacher** Lead Psychologist  
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79856 Hinterzarten, Germany

**Dr. med.**  
**Hans-Walter Fiedler** Vascular Surgeon, Lymphologist  
Senior Physician Vascular Center Soest  
Lecturer at BUFA for orthopaedic technology, Dortmund  
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Theme Expert Psychosomatics and Course Leader at the Netherlands Paramedical Institute, Amersfoort  
Author of two self-help Books with Prometheus Publishers and Park Publishers Amsterdam, Netherlands

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Director, ALERT Centre – Australian Lymphoedema Education, Research & Treatment Centre

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Faculty of Medicine, Health & Human Sciences  
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**Prof.**  
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**CBE, FRCN, PhD** Chair of the International Lymphoedema Framework  
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Wound and Lymphoedema Centre  
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Nottingham, UK

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**Prof. Dr. med.**  
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MLD/CDT Certified Instructor  
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### With kind support from:

- Földischule GmbH, 79117 Hinterzarten
- Klose Training, Lafayette, Colorado, USA
- Lymphselbsthilfe e. V., 91074 Herzogenaurach
- Schaub KG, 79111 Freiburg
- BÖSL Medizintechnik GmbH, 52080 Aachen (1.500 €)
- Villa Sana GmbH & Co. medizinische Produkte KG, 91781 Weiboldshausen (1.500 €)
- TapMed Medizintechnik Handels GmbH, 34317 Habichtswald-Ehlen (1.500 €)
- URGO GmbH, 66280 Sulzbach (1.500 €)



The symposium was rated COMPLIANT by EthicalMedTech.

### Privacy statement

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Photographs will be taken during the event and published as part of the event coverage. If you do not wish to be photographed, please let the photographer know at the venue.

# General information

<b>Location</b>	<b>Symposium</b> Kurhaus in Titisee Strandbadstraße 4 79822 Titisee-Neustadt, Germany kurhaus-titisee.de
	<b>Guided tour and workshops</b> Földi Clinic GmbH & Co. KG Rößlehofweg 2–6 79856 Hinterzarten, Germany foeldiklinik.com
<b>Date, Time</b>	<b>Symposium</b> Friday, May 16 <sup>th</sup> , 2025, 8.30 am – 5.15 pm Saturday, May 17 <sup>th</sup> , 2025, 9.00 am – 11.30 am
	<b>Guided tour and workshops</b> Saturday, May 17 <sup>th</sup> , 2025, 1.00 pm – 4.15 pm
<b>Simultaneous interpretation</b>	German and English
<b>Get-together</b>	Henslerhof von Laufenberg Bruderhalde 37 79856 Hinterzarten, Germany eventshenslerhof.com
<b>Date, Time</b>	Friday, May 16 <sup>th</sup> , 2025, at 7.30 pm
<b>Scientific lead</b>	Dr. med. Tobias Bertsch Medical Director and Chief Physician Földi Clinic GmbH & Co. KG Specialist Clinic for Lymphology 79856 Hinterzarten, Germany
	Guenter Klose Executive Director MLD/CDT Certified Instructor Klose Training & Consulting, LLC Lafayette, Colorado, USA
<b>Certification</b>	You will receive a confirmation of participation.
<b>Review</b>	You are welcome to gain an insight into the 1 <sup>st</sup> Földi Clinic Days at the following link: <b>juzo.de/foeldi-klinik-galerie</b> password: Foeldi2024

# Registration

## Organiser / Conference office

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- **academy-congresses.com**  
password: hinterzartenL25
  - by e-mail to the conference office
  - by calling the conference office
- After a successful registration you will receive a confirmation e-mail.



## Registration deadline May 9<sup>th</sup>, 2025

### Registration fee

#### Lectures May 16<sup>th</sup> – 17<sup>th</sup>, 2025

- **190.00 €** plus statutory VAT for medical doctors
- **105.00 €** plus statutory VAT healthcare professionals, therapists and medical retailers

#### Workshop May 17<sup>th</sup>, 2025

- **20.00 €** plus statutory VAT\* per workshop

#### Get-together May 16<sup>th</sup>, 2025

- **49.00 €** plus statutory VAT (incl. dinner and drinks)

Students will receive a 50% discount.

### Accommodation

You are welcome to book a room at the conference hotel via our conference office. Accommodation costs are to be paid by the participants themselves.

\* VAT (value added tax) equals 19% of the purchase price

# Journey to us

## By public transport

- IC and ICE trains to Freiburg (Regional train every half hour to Titisee)
- 1 RE trains to Donaueschingen (Regional train to Titisee every hour)

## By car

- A5 Karlsruhe – Basel: Take the Freiburg Mitte exit onto the B31 in the direction of Donaueschingen, exit Titisee
- A81 Singen – Stuttgart: Take the Geisingen exit onto the B31 towards Freiburg, exit Titisee
- A81 Stuttgart – Singen: Bad Dürkheim motorway junction via the A864 and the B27/33 onto the B31 towards Freiburg, exit Titisee